

BALANCEABILITY

AN UPDATE

Unfortunately this week's session was cancelled due to the weather. Session 4 will now take place on Tuesday 28th March and the final session (Session 5) has been rescheduled to Tuesday 18th April.

You are more than welcome to come along on 28th March (although this is not the final session) or if you prefer you can come along for Session 5 on Tuesday 18th April. Timings will remain the same as those detailed in the original letter.

