

# THE CIRCULATORY SYSTEM

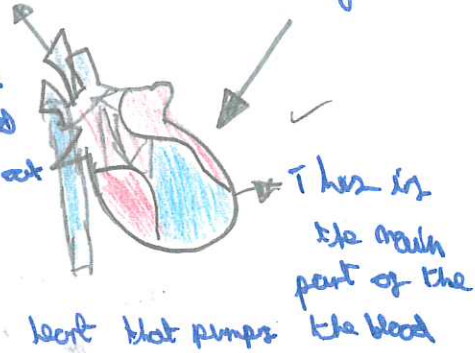
## The Amazing Circulatory System

Does your mind ever think about how your body works. Well read on and find out about the heart, the lungs and the blood. All of these these organs are called the circulatory system.

The heart is quite difficult to draw. Well done!

This is our heart in the body.

These are the chambers that blood comes out of.

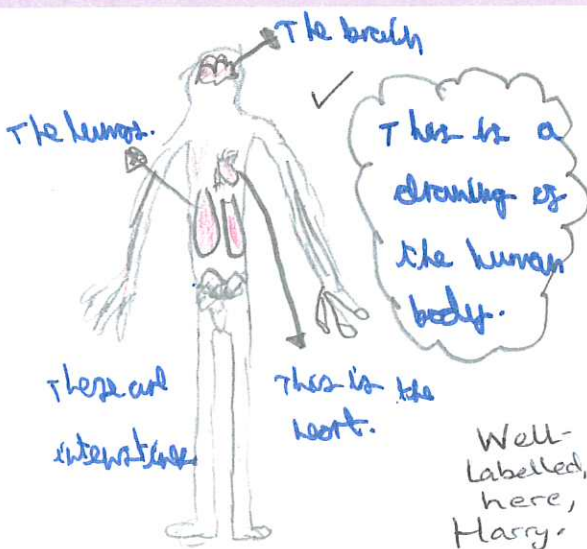


## The Heart

This organ plays a massive role in your body. It is also what is keeping you alive. The heart is protected and covered by the rib cage. There are also four valves in your heart to ensure that the blood goes either in or out. Good ✓

## The blood

A cool fact to know about our blood is that we have four and a half litres of blood at up to give and a half litres of blood in our body. The blood is glowing around our body all the time because the heart is pumping it around with every beat every day every second.



## The Lungs

This fascinating organ <sup>is</sup> for our body because it helps us breathe. Did you know that we have to breathe <sup>Lungs</sup> ~~propose~~? Most animals have the lungs small. A fascinating fact is that we take breathe in 11,500 times per day. (1) Great use of side fact, here.

To bring this to an end all you need to remember is that your heart, lungs and blood do most of the work, but all you need to do is exercise with things like running, cycling for a run and doing a few pushups a day. A ~~small~~ <sup>small</sup> ~~we know~~ <sup>we know</sup> you need to eat a balanced <sup>diet</sup> of lots of fruits

and vegetables. ~~As for~~ An interesting fact to know is if you eat more sugary treats you get an 83% more chance of acne. And lots of other things too!

This is impressive, Harry. Keep it up!

