Sandgate Primary School

Everyone deserves the taste of success

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Issue 3

Friday 23rd October 2020

What an amazing Term 1 we have had at Sandgate. The children are simply brilliant; they have adapted to new routines with ease, settled back to learning with determination and have shown themselves to be responsible, respectful and active members of our school and wider community. To celebrate Term 1, the children have immersed themselves into a couple of days of creative enrichment and here are some photographs of the fun had by all.

I hope you all have a wonderful half term and see you all in a week.

Best Wishes

Matthew Green

Huge congratulations to Jude F (Year 6). After being introduced to Squash in PE and then joining the Folkestone Squash Academy, he is has just begun training with the Kent Squash Junior Team.



The flu consent letter has been sent out today, please complete the online consent form.



learning about our senses and what we would need to do differently if we didn't have one of our senses. We tried painting with our feet!

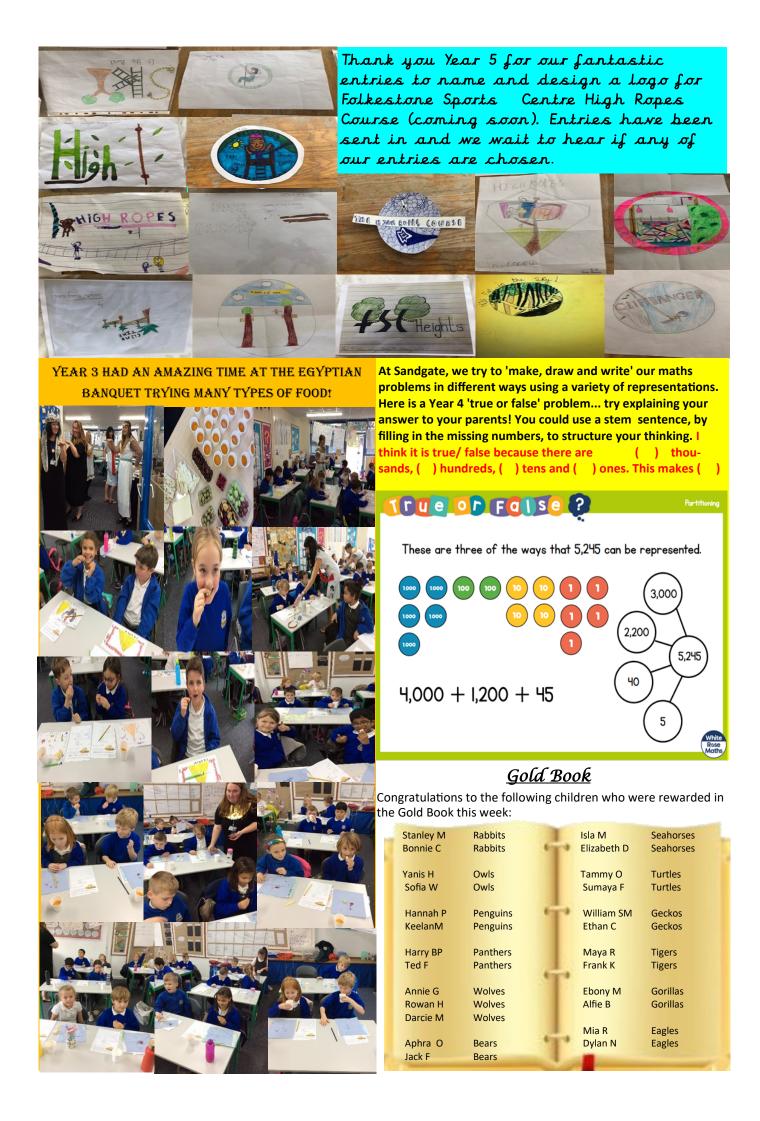
Six Bears have now received their Pen Licences! Well done Teddy H, Oscar, Aphra, Sofía, Bobby and Daísy-May!







Congratulations to Ebony M (Year 6) who won the National **Rotary Art Competition in** the Junior category!



۲		2d	5 11	Friday	Thursday	Wednesday	Tuesday	MF Monday	-
V - Suitable for vegetarians Ve - Suitable for vegans & vegetarians	Week 1: 31" Augy 21" Sep. 12" oct, 2" Nov, 23" Nov, 14" Dec, 4" Jan, 25" Jan, 15" Feb, 8" Mar, 23" Mar	Pasta Toppings – Homemade Tomato & Vegetable Sauce (g) Ve or Cheddar Cheese (MK) V	Freshly Baked Bread – Pumpkin & Carrot (G.MK,SO,e) V Wholemeal (G.MK,SO,e) V Jacket Potato Toppings – Baked Beans Ve or Grated Cheese (MK) V	Main Meals Fish Fingers (G,F) with Homemade Tomato Ketchup (G) & Chips Mexican Sweetcorn, Carrot & Courgette Fritter with Chargrilled Tortilla (G,MU) & Chips Ve Jacket Potato with choice of toppings V	Main Meals Beef Burger in a Bun (G,se) Crispy Chickpea Burger in a Bun (G,MU,se) Ve Pasta (G) with a choice of toppings V	Main Meals Gammon with Orange & Herb Glaze served with Roasted Potatoes & Gravy Spiced Moroccan Chickpea Curry with Lemon Couscous (G,SU,so) Ve Jacket Potato with choice of toppings V	Main Meals Chicken Tikka Masala (MU) with Rice Chargrilled Vegetable Quesadilla (G,MU) with Rice Ve Pasta (G) with a choice of toppings V	Main Meals Macaroni Cheese with Crispy Ciabatta & Herb Crumb (G,SO,MK,e) V Roasted Squash & Basil Risotto Ve Jacket Potato with choice of toppings V	et's see w
				Vegetables Baked Beans & Peas Ve Dessert Chocolate & Carrot Brownie (G,E) V	<mark>Vegetables</mark> Sweetcorn & Coleslaw (G,MU) Ve Pessert Apple & Oat Crumble (G) V	Vegetables Green Cabbage & Carrots Ve Dessert Ice Cream (MK) with Fruit V	Vegetables Lentil Dhal (g) & Broccoli Ve <mark>bessert</mark> Courgette & Orange Cake (G,E) V	<mark>Vegetables</mark> Carrots & Green Beans Ve <mark>bessert</mark> Chocolate & Beetroot Sponge (G,E) V	what's
Attergen Celery an		Pa	Fr Jac	Friday	Thursday	Wednesday	Tuesday	MF Monday	+
Allergen Key – (APITAL LETTERS = containty tower case = may contain Celeryand Celerac (C), crustaceans/shellfish (CR), Eggs (B), Fen (B), Guten (G), Lupin (U), And day, McLainer MCD, Wattrad NM, Orber MD, Eggs (B), Fen (B), Germa Geoder (G)	Week 2: 3 th Sep, 28 th Sep, 19 th oct, 9 th Nov, 30 th Nov, 21 th bee, 11 th Jann, 1 th Feb, 22 nd Feb, 15 th Mar	Parta Toppings - Homemade Tomato & Vegetable Sauce (g) Ve or Cheddar Cheese (MK) V	Freshly Baked Bread - Courgette, Oat & Thyme (G,MK,SO,e) V Wholemeal (G,MK,SO,e) V Jacket Potato Toppings - Baked Beans Ve or Grated Cheese (MK) V	Main Mealy Battered Fish (G, F) with Homemade Tomato (G, F, set & Chips Falafel & Carrot Wrap with Salsa (G, SU) & Chips Ve Jacket Potato with choice of toppings V	Main Meals Cumberland Sausages (G, SU) with Mashed Potatoes (MK) & Onion Gravy Vegetarian Sausages (G, SO, C, SU) with Steamed New Potatoes Ve Pasta (G) with a choice of toppings V	Main Mealy A Herby Chicken Breast with Roasted New Potatoes, Stuffing (G) & Gravy Mediterranian Vegetable Tart (G) Ve Jacket Potato with choice of toppings V	Main Meals Classic Spaghetti (G) Beef Bolognese (g) Sweet Potato Topped Vegetable Pie (g) Ve Pasta (G) with a choice of toppings V	Main Meals Margherita Pizza (G,MK) V Mexican 5 Bean & Vegetable Tostada with Pomegranate (G,MU) Ve Jacket Potato with choice of toppings V	for lunch
lower case = may contain E, Fsh (F), Guten (G), Lupin (L),		auce (g) Ve	50,e) V Wholemeal (G,MK,SO,e) V Cheese (MK) V	Vegetabley Baked Beans & Peas Ve Dessert Apple Flapjack (G) Ve	Vegetables Roasted Seasonal Vegetables & Sweetcorn Ve Dessert Peach Sponge Cake (G,E) V	Vegetables Carrots & Green Cabbage Ve Dessert Chocolate Orange Cheesecake (G,MK) V	Vegetablet Peas & Cauliflower Ve Dessert Carrot & Ginger Sponge (G.E) V	Vegetablet Colesiaw (G,MU) & Carrots Ve Dessert Sticky Toffee Pudding (G,MK,E) V	
BM1 Avail		Pas	Free	Friday	Thursday	Wednesday	Tuesday	MF Monday	$\bigcap_{i=1}^{n}$
BMI Sandgate Available Every Day Seah Fait Oster Ve	Week 5: 14 th Sep, 5 th oct, 26 th oct, 16 th Nov, 3 th bec, 28 th bec, 18 th Jam, 8 th Feb, 1 th Mar, 22 nd Mar	Pasta Toppings - Homemade Tomato & Vegetable Sauce (g) Ve or Cheddar Cheese (MK) V	Freihiy Baked Bread - Sunflower, Rosemary & Tomato(G, MK, SO,e) / Wholemeal(G, MK, SO,e) / Jacket Potato Toppingy - Baked Beans Ve or Grated Cheese (MK) //	Main Meals Fish Fingers (G,F) With Homemade Tomato Ketthup (G) & Chips Homemade Crispy Vegetable Nuggets (G,MU) With Chips Ve Jacket Potato with choice of toppings V	Main Meals Beef Lasagne (G,MK,e) with Garlic Bread (G,SO,MK,e) Pitta Pizza topped with Houmous & Roasted Vegetables (G,SU) Ve Pasta (G) with a choice of toppings V	Main Meals Roast Chicken served with Roasted Potatoes & Gravy Tofu & Vegetable Noodle Stir Fry (SO) Ve Jacket Potato with choice of toppings V	Main Meals Mild Jerk Chicken with Rice & Peas Vegetarian Spicy Special Fried Rice (G,SO) Ve Pasta (G) with a choice of toppings V	Main Meals Roasted Tomato & Vegetable Cheesy Pasta (G,MK) V Jackfruit Katsu Curry with Rice Ve Jacket Potato with choice of toppings V	Meat Free Monday (MF) Meat Free Monday is a great way to improve health and well-being by naturally increasing your vitamin and immeral intake. One day a week can make a real difference - www.schoolfoodplan.com
August 2020	15" Jan, 3" Feb, 1" Mar, 22" Mar	iauce (g) Ve 3 th Jan, 3 th Feb, 1 th Mar, 22 st Mar	IK,SO,e)∨Wholemeal(G,MK,SO,e)∨ Cheese (MK) ∨	Vegetables Baked Beans & Peas Ve Dessert Lemon Drizzle Cake (G,F,SU) V	Vegetables Green Beans Ve Dessert Chocolate Shortbread Biscuit (G) Ve	Vegetables Cauliflower & Peas Ve Dessert Ice Cream (MK) with Fruit V	Vegetables Sweetcorn Ve Dessert Apple Pie Cinnamon Roll (G,SO,MK,e) V	Vegetables Broccoli & Mixed Salad Ve Dessert Caramelised Pineapple Sponge (G,E) V	WF) ealth and well-being mineral initake, w/schoolfoodplan.com

A FUN DAY WAS HAD BY ALL!

