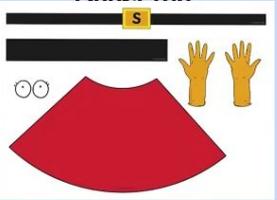


# Butterflies and Bumblebees

## Learning Grid wb 18.1.21

[You will find further resources and inspiration on the following slides](#)

<p>Healthy eating challenge - Can you try a new fruit or vegetable this week. It may be one you've never tried before or one you haven't eaten for a long time. Draw us a picture/take a photo of what you try!</p>	<p>Can you think about all of the food in the story of Supertato. Which foods are healthy and unhealthy? See the sheet on the next slide.</p>	<p>For PE this week, we are going to think about balancing. See the sheets on the next slide for ideas.</p> 	<p>Bake or cook something using a fruit or vegetable. We've included a couple of recipe ideas but feel free to use your own.</p>	<p>Can you use the vegetables in the story to make your own fruit and vegetable shop. Think about what we learnt about money a couple of weeks ago.</p>
<p>Play a board game with your family. You could even make a game to play? Can you use a dice and recognise the number of dots?</p>	<p>Can you make or draw Supertato?</p> 	<p>Read a book with a grown up. The following websites are recommended - see attached sheet</p>	<p>Can you practise your handwriting and have a go at writing the names of the characters in the story. (See next slide for correct letter formation.)</p>	<p>Enjoy some Supertato activities, such a spot the difference or Supertato colouring.</p>
	<p>Can you find out some facts about the vegetables or fruit in the story. Can they all be grown in our gardens? Or do we have to get them from other countries.</p>	<p>Can you make or paint one of the characters from Supertato?</p> 	<p>Go for a walk or a bike ride in your local area. Don't forget to wrap up warm and enjoy the fresh air =)</p>	

# Healthy Eating

Have a think about the foods we see in the story of Supertato. Could you say which ones are healthy or unhealthy? Of course we can still have unhealthy foods, in moderation =)

You could draw some food items and sort them into two plates, healthy and unhealthy. Use the pictures for inspiration if you like -



Practice your cursive handwriting by writing the following names from the story-

*Supertato*

*Evil Pea*

*Broccoli*

*Carrot*

*Cucumber*

*Tomato*

*Pear*

# Reading websites

<https://www.oxfordowl.co.uk/for.../find-a-book/library-page/>

<https://www.kidsworldfun.com/ebooks.php>

<http://www.magickeys.com/books/gingerbread/index.html>

<https://www.mightybook.com/>

<http://www.childrensbooksonline.org/library.htm>

# PE

Can you try the following gymnastic skills for part of our PE this week -

## Ship Shape Home Physical Education

Can you keep trying to improve your performance?

### How to play:

- Can you create the following balanced shapes?
- A **'wide'** shape. Are you high or low, what body parts are you using?
- A **'curled'** shape. Are you high or low, what body parts are you using?
- A **'narrow'** shape. Are you high or low, what body parts are you using?
- Can you teach someone else all of your different balanced shapes?
- Can you create a sequence of all 3 balanced shapes together?



Can you teach someone your balances and work together to create a sequence?

### Top Tips

#### Be Still!

All balances must be held completely still for at least 4 seconds. Make your balances excellent by pointing your fingers and toes.

### Let's Reflect

Can you hold your balances still?  
If your balance is wobbling, how could you change it to make it still.

Did you try a variety of ways of balancing?

## Balance Time Home Physical Education

Can you keep trying to improve your performance?

### How to play:

- How many different body parts can you balance on?
- Can you balance on your back and tummy? What do you do with you arms and legs?
- Can you balance on your hands and feet? Can you lift one hand or leg off the floor?
- Choose your favourite 3 balances. Can you add them together to make a sequence. Perform your sequence to someone else. What do they think?



Can you be creative and try out a variety of different balances using different body parts?

### Top Tips

#### Be Still!

All balances must be held completely still for at least 4 seconds. Make your balances excellent by pointing your fingers and toes.

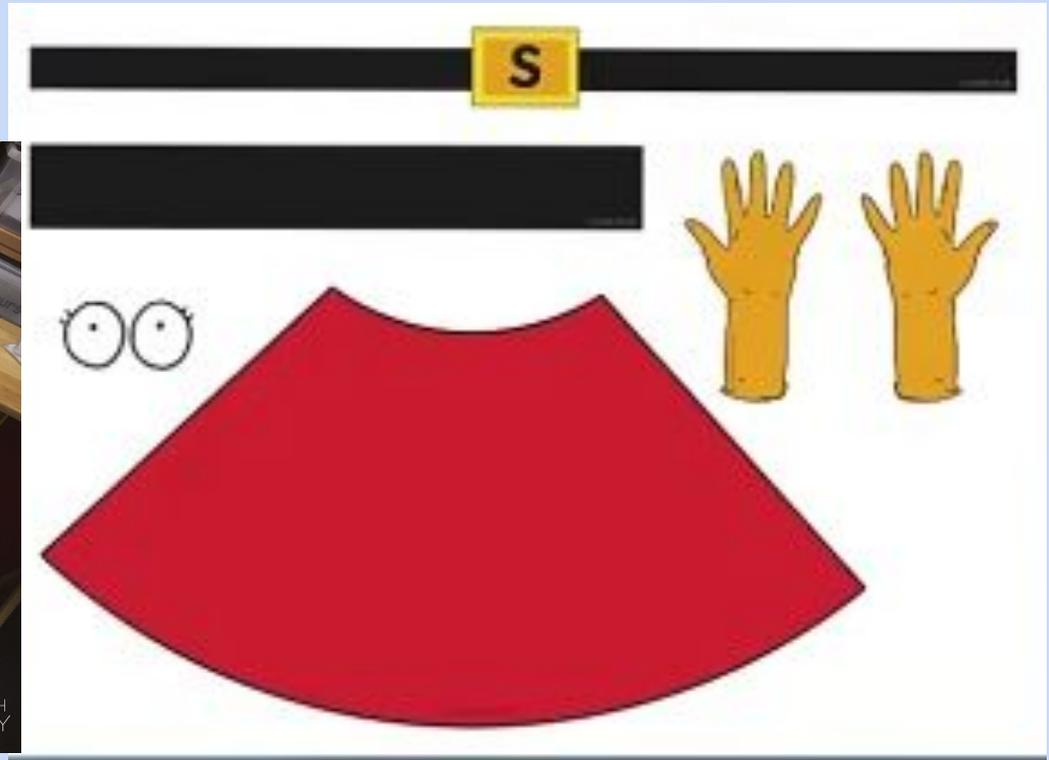
### Let's Reflect

Can you hold your balances still?  
If your balance is wobbling, how could you change it to make it still.

Did you try a variety of ways of putting your sequence together?

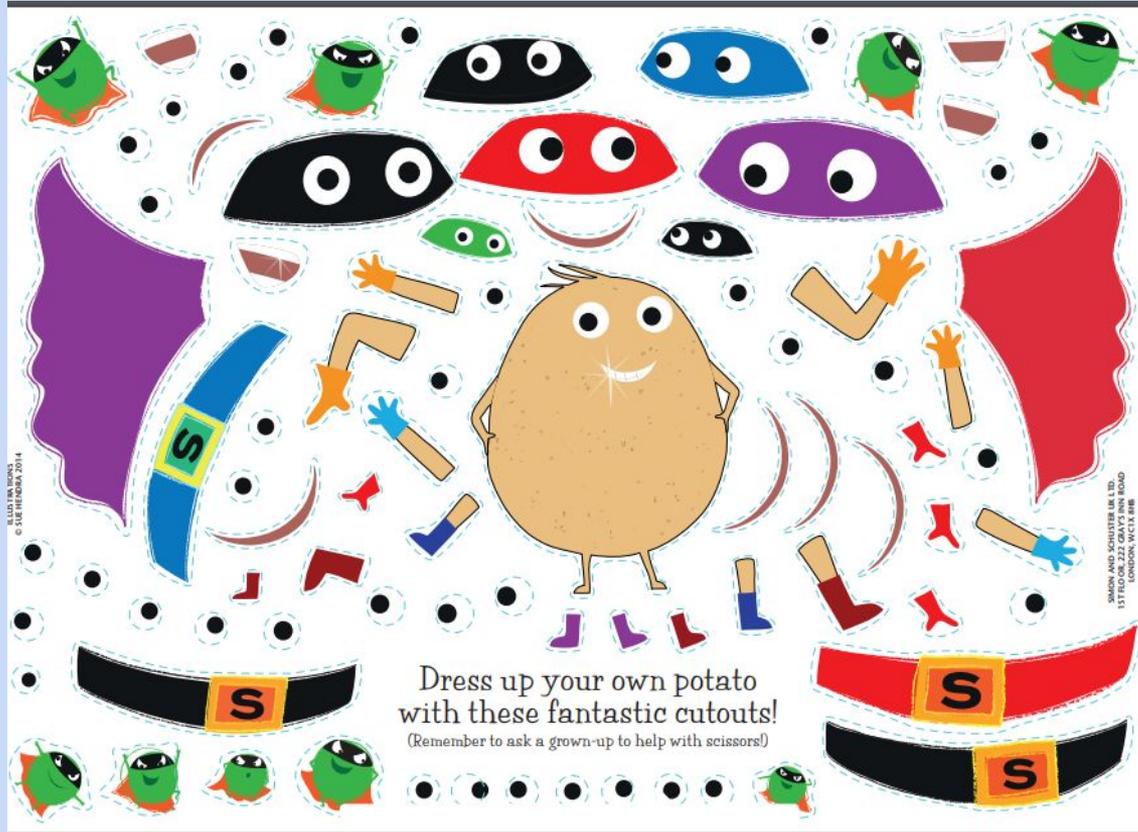
# Make your own Supertato

Can you make your own Supertato to protect you from Evil Pea at home!?

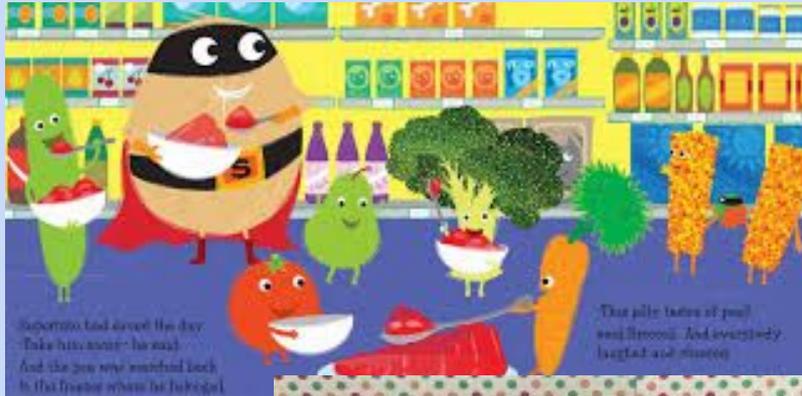


# Draw your own Supertato

Can you draw lots of Supertatos in different outfits. Use the picture below as inspiration..



Can you choose one of the characters from the story of Supertato to paint, or make. Here are a few ideas for inspiration...





### Apple crumble

[https://www.bbc.co.uk/food/recipes/applecrumble\\_89166](https://www.bbc.co.uk/food/recipes/applecrumble_89166)



### Easy carrot cake

<https://www.bbcgoodfood.com/recipes/carrot-cake>



### Courgette and cheese muffins

<https://realfood.tesco.com/recipes/cheesy-courgette-muffins.html>

Please feel free to use your own recipes and using the ingredients you have available. Have fun measuring, mixing and eating.

# SUPERTATO

COLOUR ME IN!

**SUPERTATO**  
BRINGER OF THE WORLD OF VEGETABLES

75p  
New Recipes & Fun Games  
**OUT NOW!**



# SUPERTATO

CAN YOU SPOT 6 DIFFERENCES BETWEEN THESE TWO PICTURES?

