

# Curriculum: Physical Education

EYFS					
TERM 1	TERM 2	TERM 3	TERM 4	TERM 5	TERM 6
Introduction to PE – Unit 1 Fundamentals – Unit 1	Ball Skills – Unit 1 Fundamentals - Unit 2	Dance – Unit 1 Games – Unit 1	Gymnastics – Unit 1 Games – Unit 2	Balanceability Gymnastics Unit 2	Athletics Ball Skills – Unit 2
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YEAR 1					
TERM 1	TERM 2	TERM 3	TERM 4	TERM 5	TERM 6
Fundamentals Ball Skills	Fitness Sending & receiving	Dance Invasion	Gymnastics Target Games	Athletics (Forest School)	Team Building Striking and Fielding
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YEAR 2					
TERM 1	TERM 2	TERM 3	TERM 4	TERM 5	TERM 6
Fundamentals Target Games	Fitness Ball skills	Dance Sending & Receiving	Gymnastics Invasion	Athletics Net and Wall	Forest School Striking and fielding
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YEAR 3					
TERM 1	TERM 2	TERM 3	TERM 4	TERM 5	TERM 6
Fundamentals Ball skills	Fitness Tag Rugby	Gymnastics Netball	Handball (Forest School)	Athletics Football	Cricket OAA
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YEAR 4					
TERM 1	TERM 2	TERM 3	TERM 4	TERM 5	TERM 6
Yoga Basketball	Fitness (Forest School)	Dance Football	Gymnastics Hockey	Athletics OAA	Tennis Rounders
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YEAR 5					
TERM 1	TERM 2	TERM 3	TERM 4	TERM 5	TERM 6
Dance Football	Fitness Quidditch	Gymnastics (Forest School)	Handball Tag Rugby	Krav Maga Tennis	Athletics Cricket
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YEAR 6					
TERM 1	TERM 2	TERM 3	TERM 4	TERM 5	TERM 6
Basketball Forest School	Fitness Hockey Additional swimming	Swimming Gymnastics	Dance Handball	Krav Maga Tennis	Rounders Football

## Curriculum Vision: Physical Education

The aim of the P.E. curriculum at Sandgate Primary is to progressively build knowledge, such that all pupils are supported to know more and do more as they move through the school, on to secondary education and into later life. The curriculum is designed around both substantive and disciplinary concepts to ensure that all pupils successfully learn the discipline of P.E., along with the practical and theoretical knowledge that comprises the subject. The curriculum is supported by rigorous assessment approaches that accord all pupils the opportunity to demonstrate what they know and can do, whilst allowing gaps to be identified and addressed without impacting negatively on learning.

## Substantive Threads: Physical Education

Each unit within the P.E. curriculum at Sandgate, supported by GetSet4PE, is designed to progressively develop the following practical and theoretical strands of substantive knowledge:

- **Motor competence:** accurate movements, movement patterns, movement techniques and sequences.
- **Rules, strategies and tactics:** conventions, regulations and strategies.
- **Healthy participation:** safe practice, how to participate, short- and long-term impacts of physical activity and sport.
- **Values, Relationships and Teamwork:** considering fairness, respect and working with others.
- **Responding and Reviewing:** self and peer evaluation, critiquing and coaching.

## Disciplinary Threads: Physical Education

Each unit within the P.E. curriculum at Sandgate, supported by GetSet4PE, is designed to progressively develop children's knowledge of the discipline of Physical Education. Units have been organised around developing this in the following areas:

- **Knowledge over time:** how P.E. knowledge develops through experimentation, purposeful play, scientific enquiry & observation, including of elite performance.
- **Participation:** how sportspeople or others engage in physical activity for elite performance or the short- and long-term impacts of physical activity and sport.

