

Curriculum: PSHE

EYFS					
TERM 1	TERM 2	TERM 3	TERM 4	TERM 5	TERM 6
Relationships	Relationships	Health and Well Being	Health and Well Being	Living in the Wider World	Living in the Wider World
↓					
YEAR 1					
TERM 1	TERM 2	TERM 3	TERM 4	TERM 5	TERM 6
Relationships	Relationships	Health and Well Being	Health and Well Being	Living in the Wider World	Living in the Wider World
↓					
YEAR 2					
TERM 1	TERM 2	TERM 3	TERM 4	TERM 5	TERM 6
Relationships	Relationships	Health and Well Being	Health and Well Being	Living in the Wider World	Living in the Wider World
↓					
YEAR 3					
TERM 1	TERM 2	TERM 3	TERM 4	TERM 5	TERM 6
Relationships	Relationships	Health and Well Being	Health and Well Being	Living in the Wider World	Living in the Wider World
↓					
YEAR 4					
TERM 1	TERM 2	TERM 3	TERM 4	TERM 5	TERM 6
Relationships	Relationships	Health and Well Being	Health and Well Being	Living in the Wider World	Living in the Wider World
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YEAR 5					
TERM 1	TERM 2	TERM 3	TERM 4	TERM 5	TERM 6
Relationships	Relationships	Health and Well Being	Health and Well Being	Living in the Wider World	Living in the Wider World
↓					
YEAR 6					
TERM 1	TERM 2	TERM 3	TERM 4	TERM 5	TERM 6
Relationships	Relationships	Health and Well Being	Health and Well Being	Living in the Wider World	Living in the Wider World

Curriculum Vision: PSHE

The aim of the PSHE curriculum at Sandgate Primary is to progressively build knowledge, such that all pupils are supported to know more and do more as they move through the school, on to secondary education and into later life. The curriculum is designed around both substantive and disciplinary concepts to ensure that all pupils successfully learn the discipline of PSHE, along with the practical and theoretical knowledge that comprises the subject. The curriculum is supported by rigorous assessment approaches that accord all pupils the opportunity to demonstrate what they know and can do, whilst allowing gaps to be identified and addressed without impacting negatively on learning.

Substantive Threads: PSHE

Each unit within the PSHE curriculum at Sandgate, supported by the PSHE Association and Teaching SRE with Confidence, is designed to progressively develop the following practical and theoretical strands of substantive knowledge:

- **Identity & Relationships** - studying relationships and identity within our own families and those of the wider community.
- **Health & Well-Being** - healthy eating, exercise, looking after your body and mind.
- **Beliefs & Values** – learning that different beliefs have different values and customs, some of which may be different to your own personal opinion.
- **Diversity & Equality** - everyone is different and everyone should be included.
- **Living in the Wider World** – learning about different communities they are in as well as wider communities within in the wider world.
- **SRE- Sex and Relationships Education-** understanding feelings that come with relationships including friendships, such as love, sexuality, and different family dynamics.

Disciplinary Threads: PSHE

Each unit within the PSHE curriculum at Sandgate, supported by the PSHE Association programme of study. It is designed to progressively develop children's knowledge of the discipline of PSHE. Units have been organised around developing this in the following areas:

'Personal knowledge'

By allowing pupils to understand their own relationship to the subject matter, we learn about ourselves and those around us. This is important because it ensures that we live a safe and healthy life whilst making positive contributions to society. For Example;

- Citizenship, understanding the ways in which different communities work, live and co-exist with each other.
- Health, thinking about our own health as well as the health of others and how we can influence our overall wellbeing through diet, exercise and keeping a healthy mind.

